

# River City Jaguars COVID-19 Response

The River City Jaguars (Jags) recognize that we are in a unique environment. We are a Not for Profit Indiana Corporation honoring Jesus Christ through the organization by intentionally providing opportunities for students to grow spiritually in a Christian faith, providing a biblical community to students and their families, while continually striving toward excellence while participating in sports competition and other athletic-related activities (Hebrews 10:25). We recognize that there are risks associated with participation in soccer which is a physically demanding contact sport. Accordingly, we require that all participants complete the following waiver for participation.

[“http://www.rivercityjags.com/wp-content/uploads/2020/07/RiverCityJaguarsSoccerWaiver.pdf”](http://www.rivercityjags.com/wp-content/uploads/2020/07/RiverCityJaguarsSoccerWaiver.pdf)

Notwithstanding, we are taking the below steps.

## Sickness/Symptoms

As a general rule, any player, spectator, or volunteer should stay home when they are sick. The player or parent/guardian is expected to notify their coach that they will be missing the practice/game/event.

We ask any players who are having illness symptoms (fever, cough, etc.,) to refrain from coming to practice and to follow the recommendations below for return to practice/events. In addition, we ask any player with family members who may be contagious to refrain from coming to practice. Players are expected to notify coaches if they are unable to attend.

The recommendations for when one can return to Jaguars activities after experiencing symptoms are:

No fever for at least 72 hours (that is three full days of no fever) without the use of fever-reducing medicines; AND  
Other symptoms have improved (for example, when a cough or shortness of breath have improved); AND  
At least seven days have passed since symptoms first appeared.

## Practices/Training Sessions

For practices and training sessions, the River City Jaguars organization encourage the following:

- Players should bring their own water bottle.
- A water cooler may be provided to refill individual water bottles. Hands should be cleaned with hand sanitizer prior to using the water cooler.

- Coaches will make an effort to minimize physical contact with players and other coaches and demonstrate social distancing where possible.
  - As soccer is a physically demanding contact sport, this will not always be possible. The Jags recognize that there are valid times during instruction when coaches will interact with players and each other that will involve physical contact.
- Players are discouraged during training from physically contacting each other outside of exercises that involve soccer-appropriate contact (i.e. scrimmages or game-like drills). This includes warm-up exercises (i.e. beep test, high knees), while stretching, and during skills-based training sessions that do not involve contact (i.e. toe taps, foundations).
- During warm-up activities (i.e. beep test), players will be separated.
  - JV and Varsity players on one field and Middle School and 12U players on second field to allow for social distancing (ideally 6' between adjacent player).
  - Refer to [Separate Team Fields](#) diagram
- Exercise instruction, religious fellowship (i.e. devotionals), and prayer gatherings will be held in the Center Circle of the soccer field (each group on their own field as indicated in previous bullet). Players will have designated space to allow for social distancing (ideally 6' between adjacent player).
  - Refer to [Center Circle](#) diagram
- Players are encouraged to use their own soccer ball whenever possible.
  - Players should sanitize their soccer ball before and after each training session.
- Soccer Balls and Equipment supplied by coaches will be sanitized after each practice/training session.
- Pinnies/Bibs: The Jags are supplying pinnies (3 colors) each player is expected to purchase and bring to each practice. Pinnies should not be shared amongst players. Players are expected to wash the pinnies after each training session.
  - Players should attend each training session with a dark and a light colored shirt until Pinnies can be distributed.
  - If coach provides Pinnies/bibs during practice, they are to be used once by an individual player. Coaches are expected to wash their pinnies after each training session.

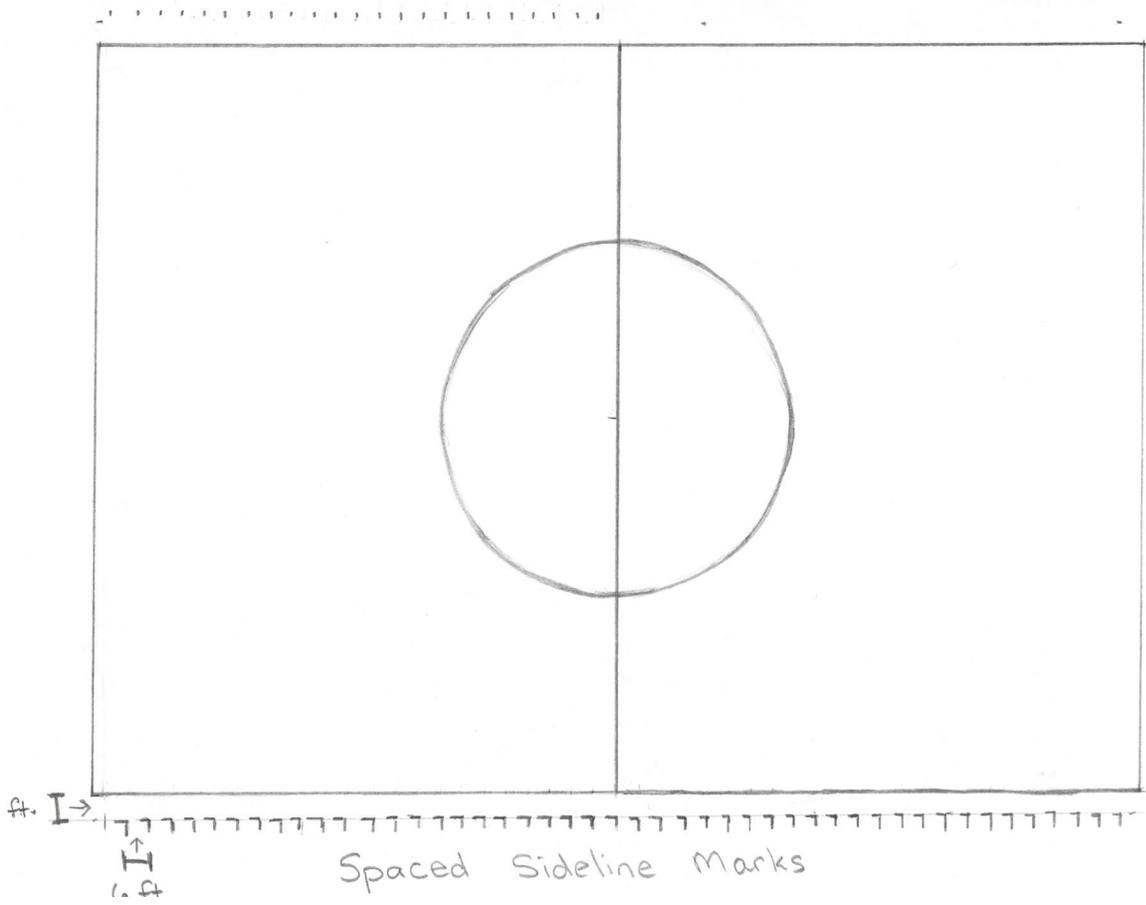
## Games/Events

For home games or events we host (i.e. Alumni Game), the River City Jags organization will make an effort to implement the following:

- Limit attendees to 250 people
  - As our home field (Woerhle Athletic Complex) is a shared venue with multiple fields and teams, our efforts will be focused on attendees at the Jags game or event.
- Players on the sidelines (not in the game) will have designated side-line space to allow for social distancing (ideally 6' between adjacent player).
  - Refer to [Full Field Diagram - Sideline Spacing](#) diagram.
- Players should bring their own water.
- Referee area will allow for social distancing.
- Spectators attending games or events should follow social distancing guidelines. The sideline has been marked with 6' spaces to allow spectators to social distance.
  - Refer to [Full Field Diagram - Sideline Spacing](#) diagram.

Full Field Diagram

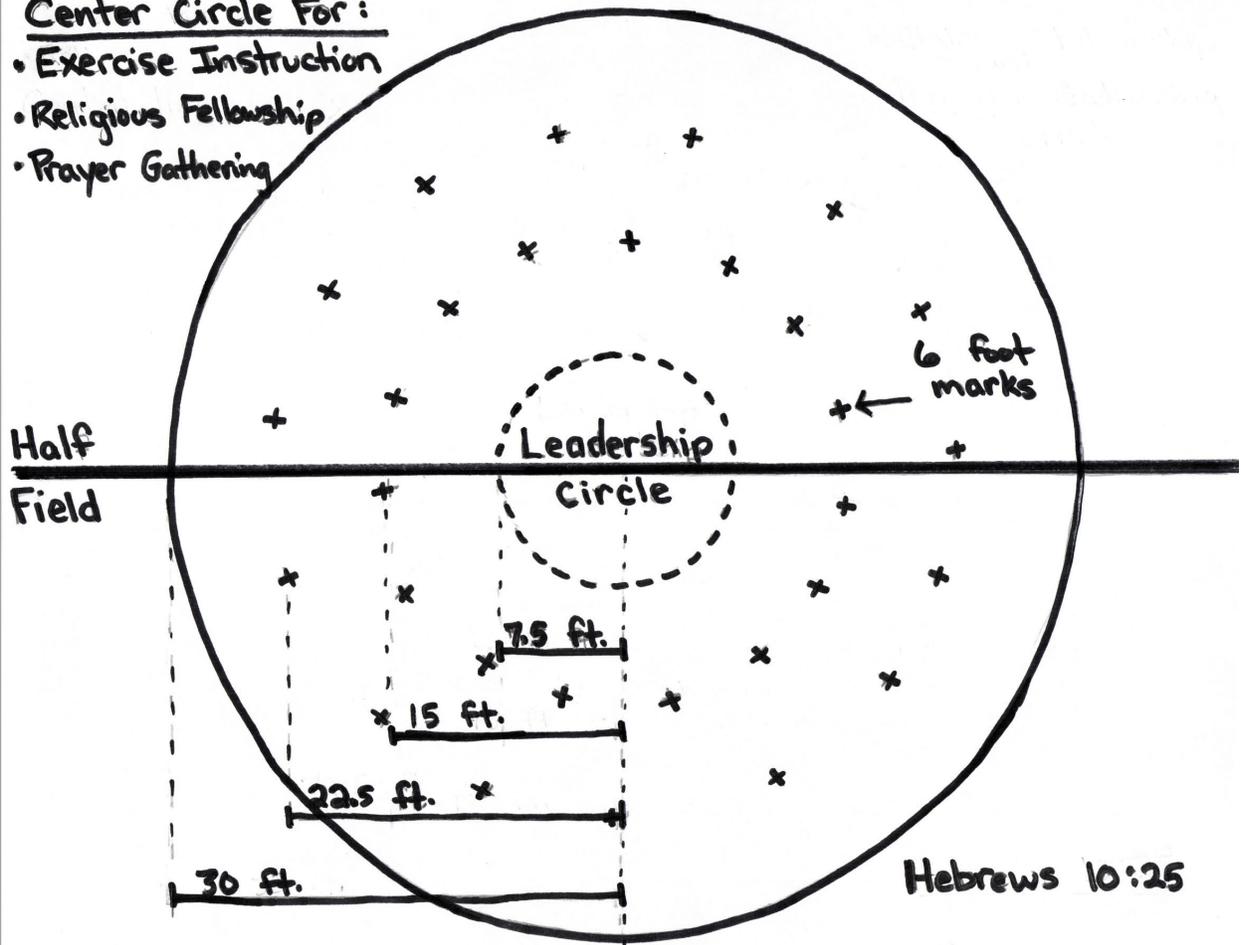
Spaced "Bench" Sideline



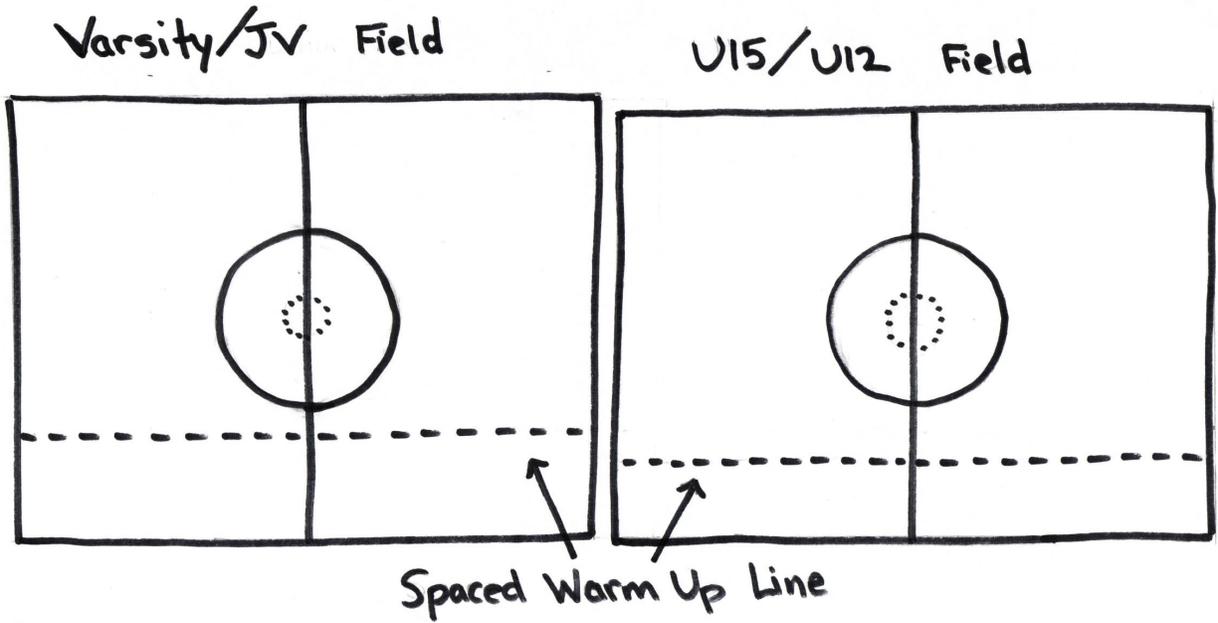
Center Circle Diagram

Center Circle For:

- Exercise Instruction
- Religious Fellowship
- Prayer Gathering



Separate Team Fields



Hebrews 10:25 Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting *one another*: and so much the more, as ye see the day approaching.